Better for You, Better for Devon

**Working together to develop our Long Term Plan   
for health and care**

**Paper survey**

**11 July – 5 September 2019**

The NHS and local authorities in Devon, Plymouth and Torbay are working together to improve the health and wellbeing of local people.

Help shape the future for health and care in Devon by sharing your views as part of a major engagement programme.

Following the publication of the national NHS Long Term Plan, Devon is developing a local version of the plan, called Better For You, Better For Devon.

The plan will make sure we are fit for the future, providing high-quality care and better health outcomes for people and their families, through every stage of life.

The engagement runs from 11 July to 5 September 2019.

Thank you for sharing your views.

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| --- |
| Survey questions  1. How can we work more closely with volunteers and the voluntary sector to better support people to live healthier and for longer? |
|  |
| 1. What could we do to promote careers in health and social care (e.g. working with schools and young people)? Could you help with this? |
|  |
| 1. How can we better support individuals in their communities and in their own homes? |
|  |
| 1. We know that people still attend A&E, even when their condition is not life-threatening. Why is this? |
|  |
| 1. How can we encourage people to use alternative services (e.g. pharmacies and minor injury services)? |
|  |
| 1. What preparations do you take to look after your health and that of your family? |
|  |
| 1. We want to know about things that affect your mental health and wellbeing when you are in your community. Please can you briefly describe something that happens in your local community that helps improve or maintain your mental health and wellbeing. What is it? What makes it good? What impact does it have on you and others? |
|  |
| 1. What reduces your ability to live a healthy lifestyle? |
|  |

|  |
| --- |
| 1. Having spoken to parents, we recognise they want to give birth in, or near to, acute hospitals, but would like better antenatal and postnatal support locally. What services should we make available locally (i.e. breastfeeding support, parent/peer-to-peer groups and mental health support)? |
|  |
| 1. If you could be seen more quickly, or receive a better standard of specialist care, how far would you be willing to travel (in Devon or Cornwall) for non-emergency hospital treatment (for example, hip and knee surgery)? |
|  |

# Equality monitoring questions

**The following questions help us to know whether we are reaching a wide and varied group of people.**

**All your responses are anonymous (not linked to you as an individual).**

1. Are you a carer?

*This is defined as providing unpaid support/care for a family member or friend who needs help with day to day life - owing to a health problem/condition.*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | Yes |  | No |

1. How old are you?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | 18-25 |  | 26-35 |  | 36-45 |
|  |  |  |  |  |  |  |
|  |  | 46-55 |  | 56-65 |  | 66-75 |
|  |  |  |  |  |  |  |
|  |  | 76-85 |  | 85+ |  | Prefer not to say |

1. How would you describe your ethnicity?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | White British |  | Asian British |  | Asian |
|  |  |  |  |  |  |  |
|  |  | Afro-Caribbean British |  | Afro-Caribbean |  | Mixed heritage |
|  |  |  |  |  |  |  |
|  |  | Gypsy/traveller |  | Prefer not to say |  | Other (please specify) |

1. How would you describe your gender?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Male |  | Female |  | Transgender man |
|  |  |  |  |  |  |  |
|  |  | Transgender woman |  | Prefer not to say |  | Prefer to self-describe (please state) |

1. How would you describe your sexual orientation?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Heterosexual / straight |  | Gay man |  | Gay woman / lesbian |
|  |  |  |  |  | Prefer to self-describe (please state) |  |
|  |  | Bisexual |  | Prefer not to say |  |  |

1. Do you have a disability?

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Yes |  | No |  |  |

1. If so, what type of disability do you have? *Tick all that apply*

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Physical |  | Visual |  | Hearing |
|  |  |  |  |  |  |  |
|  |  | Mental illness issues |  | Learning disability |  | Cognitive disability |
|  |  |  |  |  |  |  |
|  |  | Speech |  | Prefer not to say |  | Other (please specify) |

1. Please tell us the first part of your postcode. *We only need the first part so we can check we have heard views from people from across our area*

|  |  |
| --- | --- |
|  |  |

Thank you for taking part

The engagement runs from 11 July to 5 September 2019.

For more information, visit [www.DevonSTP.org.uk](http://www.DevonSTP.org.uk) or call 01392 674 801

Please return your completed survey via FREEPOST to the following address:

Healthwatch Devon RUAJ-UBUA-SXSY

Units 73 & 74 Basepoint Business Centre

Yeoford Way

Matford Business Park

Exeter

EX2 8LB

Alternatively, you can complete the survey online at:

[www.surveymonkey.co.uk/r/BetterDevon](http://www.surveymonkey.co.uk/r/BetterDevon)

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