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CONTRACEPTION PILL CHECK

If your repeat prescription is approved, we will send it to the chemist within 5 days

- Name:
- Today's date:
- Address:
- DOB:
- Telephone Nos: Home: Mobile:

Are you happy to be contacted via text message?

- E-mail Address:
- Are you happy to be contacted via e-mail?
- Which chemist do you wish us to send your prescription to?.....

You can measure your height/weight and use the blood pressure machine in the waiting room. Ask reception for any help.

- Height: Weight: Blood Pressure:/.....

If your B.P. is greater than 140 (systolic) or 90 (diastolic) you will need to make an appointment with your Doctor before a new pill prescription can be given.

- When will your current pill supply run out?
- Do you know the name of the pill you are requesting, if yes what is the name of it?.....
- Have you ever suffered with a blood clot?
- Do you know of any family history of breast cancer or heart disease?.....
- If yes which relative and what age?.....



ANY PROBLEMS WITH THE PILL?

Please answer yes or no to the following questions:

- Do you have bad headaches or migraines? :
- Do you bleed in between periods?
- Do you bleed after sex?
- Do you have unusual vaginal discharge?
- Other – please describe

Would you like to consider reversible longer acting contraceptives such as the injection/implant or coil?

Yes or No?

If YES to any of the above please make an appointment with your Doctor

SMOKING STATUS

- Are you a smoker? **Yes or No?**
- If yes how many?

If you would like help to stop smoking please make an appointment with the nurse.

Or contact One Small Step on 01392 908139



For more information on contraception visit this website below:

<https://www.nhs.uk/conditions/contraception/>

Please check with reception if you are unsure when your next smear is due.

We recommend re-reading the leaflet which comes with your pill to refresh your memory about the “rules” of ensuring your pill remains effective.

Please remember the contraceptive pill does not protect you against sexually transmitted infections (STI) such as Chlamydia. Many couples use condoms (as well as the pill) to prevent STIs.

Appointments for sexual health screening can be made at the GUM (Genitourinary Medicine) Clinic at the WIC (Walk-in-Centre) in Sidwell Street on 01392 284983.

P.T.O